



3000ers Circuit – from Kaprun to the Kaiser Franz Joseph Glacier

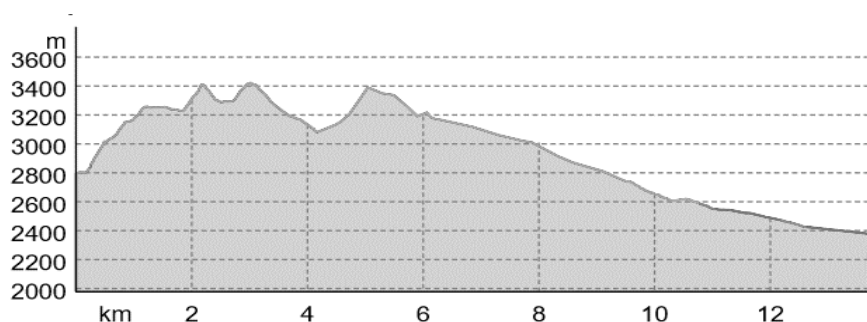
Date: July 11, 2025 to July 12, 2025 (Registration up to: June 30, 2025)
Meeting point: 9:30 AM, Park & Ride parking lot at Fürth train station
Return: 7:00 PM, Park & Ride parking lot at Fürth train station
Price: **Attention! Cancellation fees may apply for this tour!**
€220 including taxi, bus, funicular; excluding overnight cabin stay and meals.
Duration: Tag 1: 2,5 h Gehzeit;
Day 2: 8 hours walking time; 10.5 hours total duration (taxi transfer!)
Distance: Day 1: Ascent: 795 m, 4 km
Day 2: Ascent: 1060 m, Descent: 1495 m, Total distance: 14 km

Equipment:

- Backpack 20 to 30 liters (mandatory for every person)
- Hiking boots (ankle-high, category C, partially crampon-compatible)
- Sun protection (cream, cap, sunglasses)
- Drink and snack
- Warm jacket
- Hat and gloves
- Possibly trekking poles
- Wind and rain protection
- Headlamp, hut sleeping bag, cash (no card payments)
- Helmet, harness (can be rented)
- 3-way locking carabiner, screw-lock carabiner, 120 cm sling (can be rented)
- Ice axe (can be rented)
- Crampons (can be rented)

Terrain & Requirements:

- Glacier, alpine trail, off-trail terrain, secured climbing sections, snowfields
- Very good physical fitness
- Excellent surefootedness
- Confident walking with crampons
- Freedom from fear of heights (no vertigo)



Registration & Online
Information



npht.at/3000er-en



Number of participants: Minimum 3 people, maximum 4 people

Short description: A long but beautiful crossing from the Schwaigerhaus in the Kaprun Valley over six 3000-meter peaks and several glaciers to the Kaiser-Franz-Josefs-Höhe at the foot of the Pasterze Glacier.

Directions: Coming from Zell am See or Mittersill, take the exit at Fürth roundabout from federal road B168 towards Kaprun and turn right onto the train station parking lot just before the railway crossing. GPS: 47.28804, 12.7455153

Public transport: Arrival is possible by bus or the Pinzgau Railway to Fürth-Kaprun train station. <https://salzburg-verkehr.at/>

schedule: From the meeting point in Fürth, the group travels together by bus and funicular to the Mooserboden reservoir. While crossing the dam, there is the opportunity to admire some botanical curiosities and possibly even spot vultures in their sleeping roost.

Next follows the ascent along the steep hiking trail to the Schwaigerhaus, which is perched on a rocky ledge beneath the Großer Wiesbachhorn, surrounded by countless distinctive peaks. After spending the night at the hut, we initially follow the normal route to the Großer Wiesbachhorn. Along the way, the first two 3000-meter peaks, the Unterer and Oberer Fochezkopf, are crossed. After crossing the Kaindlkees glacier, the Hinterer and Vorderer Bratschenkopf peaks follow.

The fifth summit, involving a small ascent, is the Klockerin. Afterwards, we descend about 300 meters to the bivouac shelter located at the Gruberscharte. Depending on conditions, there is the possibility to climb the Großer Bärenkopf as the sixth summit or bypass it over the glacier to the Keilscharte.

After a longer trek across the Bockkarkees glacier, we finally reach the Gamsgrubenweg trail. Along this hiking path, the last meters to the Kaiser-Franz-Josefs-Höhe are covered. From here, a taxi brings the group back to the meeting point. Considering the shrinking glaciers, this tour is particularly interesting from a glaciological and geomorphological perspective.

Terms and Conditions: The National Park administration reserves the right to adjust the tour according to the participants' abilities and to conduct it only if weather conditions are suitable, and if participants are properly equipped and physically fit. Being of legal age is a prerequisite for participation in this tour.

Participants are asked to disclose any health issues relevant to the safe conduct of the tour so that appropriate consideration can be given during the tour (e.g., insect sting allergy, asthma, diabetes, cardiovascular diseases, hip, knee, or ankle problems, etc.). All participants will travel together as one group. Leaving the group in alpine terrain is not permitted. If progress becomes impossible due to health or fitness reasons, the entire group will turn back together. Participation without the mandatory minimum equipment listed for each person is not possible.