

Over the Grießkogel to the Hocheiser

Date:	July 26, 2025 and August 23, 2025 (Registration deadline: July 21, 2025 and August 18, 2025, respectively)
Meeting point:	6:30 AM, in front of Alpenhaus Kesselfall
Return:	6:00 PM, Kesselfall parking garage
Price:	€85 (including bus, inclined elevator, and taxi)
Duration:	9 hours walking time, 10.5 hours total duration
Distance:	Ascent: 1,248 m, 5 km; Descent: 1,815 m, 10 km

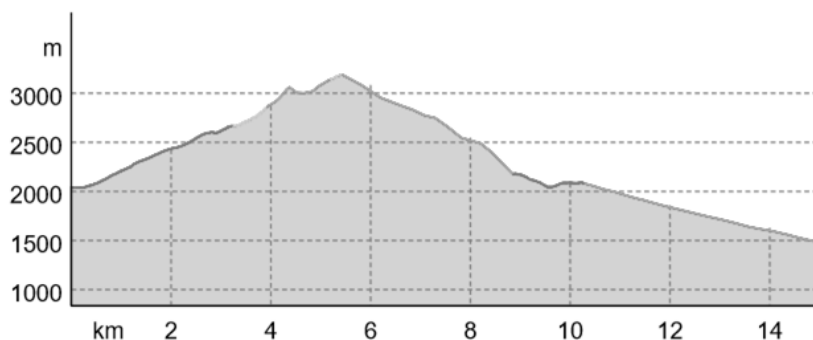
Equipment:

- Backpack (mandatory for each person)
- Mountain boots (ankle-high, category C, partially crampon-compatible)
- Sun protection (cream, cap, sunglasses)
- Drink and snacks
- Warm jacket
- Haube und Handschuhe
- Poles (optional)
- Rain protection
- Mountaineering harness (can be rented)
- Crampons (can be rented)

Terrain & Requirements:

- Black mountain trail, alpine route, off-trail terrain, secured climbing section of grade I, glacier
- Very good physical fitness
- Excellent surefootedness
- Ability to walk with crampons
- A head for heights
- Strong knees for downhill hiking

Elevation Profile:



Registration & Online
Information



npht.at/hocheiser-en

Number of participants: Minimum 4 people, maximum 4 people

Short description: A crossing of two 3000-meter peaks with breathtaking high alpine panoramas and unforgettable views of the Großglockner.

How to get there: From Kaprun, 6 km inland past the glacier cable cars to the end of the road at the Kesselfall parking garage. GPS: 47.2173125, 12.7258102

Description:

From the meeting point, the group travels together on the early mountaineer's bus to Mooserboden (2040 m). From there, the hiking trail first leads to the Kleiner Grieskogel (2669 m). From this point onward, the terrain becomes more challenging. On the path to the Großer Grieskogel (3066 m), you must cross a scree slope and a short climbing section. Wearing crampons, we then cross the Oberer Hocheiserkees glacier to reach the 3206 m high Hocheiser. Here, an awe-inspiring high alpine panorama opens up, showcasing countless 3000-meter peaks of the Glockner and Granatspitz groups. The descent that follows is long, off-trail, but scenic and solitary. The last 500 meters in elevation follow a paved path through old stone pine vegetation down to Enzingerboden. From there, a taxi takes the group back to the starting point at the Kesselfall parking garage.

Conditions of participation: The National Park Administration reserves the right to adjust the tour according to the participants' abilities and to conduct it only if weather conditions are suitable, participants are properly equipped, and physically fit. Participants must be of legal age to take part in this tour.

Participants are kindly requested to disclose any health conditions relevant to the safe conduct of the tour (e.g., insect sting allergy, asthma, diabetes, cardiovascular diseases, hip, knee, or ankle problems, etc.) so that appropriate accommodations can be made.

All participants stay together throughout the tour. Leaving the group in alpine terrain is not permitted. If progress becomes impossible due to health or fitness reasons, the entire group will turn back together.

Participation is not possible without the required minimum equipment listed for each person.