



Kratzenberg Saddle – From Innergschleiß to Hollersbach

Date: July 19, 2025 (Registration deadline: July 19, 2025)
Meeting point: 6:00 a.m., National Park Center Mittersill parking lot
Duration: 8 hours hiking time, 10 hours total duration (including taxi transfers)
Distance: 14.5 km; Ascent: 1,350 m; Descent: 1,420 m
Price: €80 incl. taxi costs

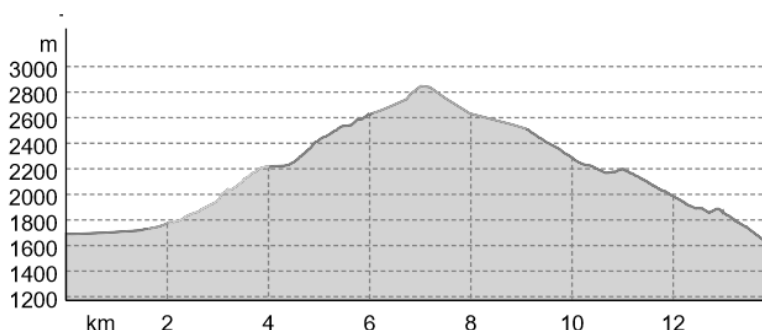
Equipment:

- Backpack (mandatory for each person)
- Mountain boots (ankle-high, category C, semi-crampon compatible)
- Sun protection (cream, cap, sunglasses)
- Drink and snacks
- Warm jacket
- Hat and gloves
- Poles (optional)
- Rain protection
- High-altitude climbing harness (can be borrowed)
- Crampons (can be borrowed)

Terrain & Requirements:

- Black mountain trail, alpine path, pathless terrain, possibly short climbing sections, old snowfields
- Very good physical condition
- Very good surefootedness
- A head for heights
- Walking with crampons

Elevation Profile:



Registration & Online Information



npht.at/kratzenberg-en



Number of participants: Minimum 4 people, maximum 5 people

Short description: Varied crossing from East Tyrol to Salzburg with Kratzenbergkopf as a possible summit goal.

How to get there: The meeting point is located directly next to the federal highway at the western entrance to Mittersill.

Description: The meeting point is at 6:00 a.m. at the National Park Center Mittersill parking lot. We will take a taxi to East Tyrol to the Matreier Tauernhaus and continue with the valley taxi into the Gschlössstal valley to Innergschläß.

From here, we continue on foot. To warm up, we hike 2 kilometers flat along the alpine pasture road further into the valley. Then a marked hiking trail begins along the Viltragenbach stream. After some time, the path turns right and a steep section is climbed. At 2,500 meters, it's time for an extensive break.

We then continue off-trail over the last glacier remnants to the Kratzenberg Saddle, where we get our first view down into the Hollersbach valley. If conditions allow, the group will climb the last few meters along the south ridge to the summit.

The descent from the summit first leads back the same way to the Kratzenberg Saddle, then heads north into the Hollersbach valley. For the first section, we need crampons to cross the remnants of the Kratzenbergkees glacier. Afterwards, we hike off-trail above the Kratzenbergsee lake downhill and then meet the Larmkogel hiking trail. Following this trail, we descend to the Kratzenbergsee, the largest lake in the Hohe Tauern National Park. We can cool our tired legs in the approximately 4-degree Celsius cold water.

A short ascent is still necessary to reach the Fürtherhütte hut. After a long break, the final descent (about 1.5 hours) to the material cable car valley station must be tackled. The taxi will then take us back to the parking lot.

Conditions of participation: The National Park administration reserves the right to adapt the tour according to the participants' abilities and to conduct it only if the weather conditions are suitable, and the participants are properly equipped and physically fit. Being of legal age is a prerequisite for participation in this tour.

Participants are kindly asked to disclose any health issues relevant to the safe conduct of the tour so that appropriate consideration can be given during the hike (e.g., insect sting allergies, asthma, diabetes, cardiovascular diseases, hip, knee, or ankle problems, etc.). All participants will travel together as a group. Leaving the group in alpine terrain is not possible. If progress becomes impossible for health or fitness reasons, the entire group will turn back together. Participation without the required minimum equipment listed for each person is not permitted.