



Untersulzbachkees – Glacial Landform Treasures in the Wilderness Area

Date: 18 July 2025 and 02 August 2025
(Registration deadline: 16 July 2025 and 30 July 2025, respectively)
Meeting point: 05:30 AM, Sports Field Neukirchen, Neukirchen am Großvenediger
Return: Approx. 4:00 PM, Einödrücke Parking Lot
Price: 25€
Duration: 8 hrs 30 mins walking time, 10 hrs total duration
Distance: 1,100 m ascent and descent, 15 km total distance

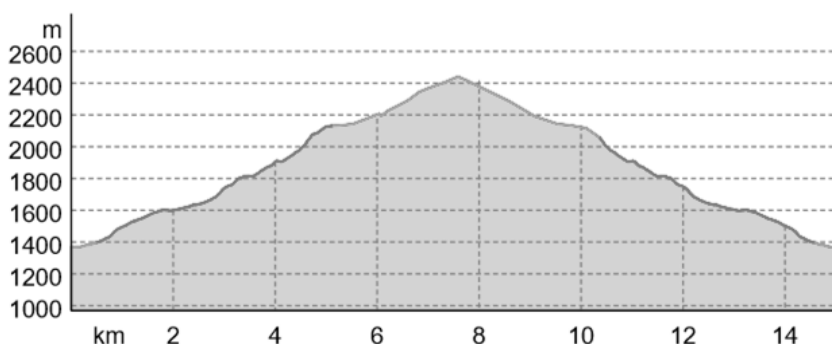
Equipment:

- Backpack (mandatory for each person)
- Hiking boots (ankle-high, category C, partially crampon-compatible)
- Sun protection (cream, cap, sunglasses)
- Drink and snack
- Warm jacket
- Hat and gloves
- Poles (optional)
- Rain protection
- Alpine climbing harness (can be rented)
- Crampons (can be rented)

Terrain & Requirements:

- Black mountain trail, alpine path, pathless terrain, 2 easy climbing sections, glacier
- Very good physical fitness
- Excellent sure-footedness
- Ability to walk with crampons

Elevation Profile:



Registration & Online
Information



npht.at/glacier



Number of participants: Minimum 2 people, maximum 6 people

Short description: Through partly pathless and challenging terrain, we make our way to the glacier at the heart of the wilderness area. Deep blue glacier mills, glacier tables, and higher icefalls make this tour a truly special experience.

How to get there: Coming from Mittersill, turn left after the Billa supermarket in the town center of Neukirchen and drive downhill to the sports field. GPS: 47.251541217, 12.282888699

Description: We meet at 5:30 AM at the sports field in Neukirchen. Together, we take the National Park bus into the Untersulzbach Valley to the Abichalm, where the tour begins.

At first, we follow a marked hiking trail through open larch forest to the Aschamalm. Here, the frequently used path ends. We continue along an old trail that is not always easy to find. The route leads through landslide debris, dwarf shrub heaths, and species-rich alpine meadows, past the "Saukopf," always accompanied by the roaring Untersulzbach stream.

The vegetation in this area is especially fascinating, with rare plant species such as leopard's bane, Turk's cap lily, and various orchids to be discovered. At around 2,100 meters, we reach a plateau that was still covered by glacier ice three decades ago. Vegetation is slowly reclaiming the area, with glacier buttercups and cushion plants like moss campion starting to take hold.

A small rock step brings us to the edge of the Untersulzbachkees glacier. The ground beneath us was covered by glacial ice for centuries. The effects of climate change are clearly visible here.

At the foot of the glacier tongue, we put on harnesses and crampons. With views of the mighty upper glacier crevasses and icefalls, the group ascends gently across the long tongue of the Untersulzbachkees. Countless glacial landform treasures can be admired along the way. Deep blue glacier mills must be bypassed repeatedly. From here, the Kleinvenediger appears especially majestic.

The descent follows the same route back.

Conditions of participation: The National Park administration reserves the right to adapt the tour to the abilities of the participants and to carry it out only if weather conditions are suitable, participants are properly equipped, and physically fit. Participants must be of legal age to take part in this tour. Participants are asked to disclose any health conditions that may be relevant for the safe execution of the tour, so appropriate consideration can be given (e.g., insect sting allergy, asthma, diabetes, cardiovascular conditions, hip, knee, or ankle problems, etc.). All participants will stay together as a group throughout the tour. Leaving the group in alpine terrain is not permitted. If continuing the tour becomes impossible for health or fitness reasons, the entire group will turn back together. Participation is not possible without the required minimum equipment for each individual as listed.