

Hike to Lake Rotgüldensee

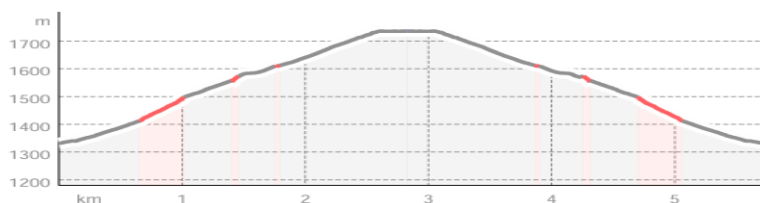
On the way with the national park ranger in the Rotgülden Valley

- Level of difficulty:** Moderate summer excursion on well-developed paths with a destination above the valley floor;
- Equipment:** Sports or lightweight trekking shoes, rain and sun protection, appropriate clothing and a change of clothes, backpack with drinks and snacks.
- Costs:** €22 for adults. Children and adolescents (10-16 years old) accompanied by their parents are free. Free with a guest card or Nationalpark SommerCard!
- Dogs:** Dogs are not allowed during excursions out of consideration for other participants and local wildlife.
- Meeting point:** Every Tuesday (from 14 July to 8 September 2026) at 09:00 a.m. at the Arsenhaus parking area in the Mur Valley, coordinates: 47.11295 N, 13.42899 E.
- How to reach us:** From Tamsweg, follow the B96 to Muhr and continue in the direction of Hintermuhr. In the village, the Rotgülden Valley is signposted—follow this road into the valley until the end of the toll-free driving section at the Arsenhaus (approx. 1,340 m), where the parking area is located.
- Duration:** Approximately 6 hours.
- Pure walking time:** Approximately 4,5 hours.
- Route:** Approximately 6 kilometers.
- Ascent:** Approximately 400 meters in altitude.
- Refreshment stops:** Refreshment stop – Rotgüldensee Hut
- Booking:** Registration possible until three hours before the beginning of the tour at npht.at/rotgueldensee-en

Description: The guided ranger tour in the Hohe Tauern National Park starts at the Arsenhaus parking lot in the Rotgüldental valley near Muhr. Along a forest road, the route leads further into the valley, accompanied by the Rotgüldenseebach stream. Along the way, the ranger shares interesting facts about the alpine landscape, the protective function of the forest, and the flora and fauna of the high mountain region. As the altitude increases, the terrain opens up and offers views of the surrounding mountain scenery.

After a moderate ascent, Lake Rotgüldensee is reached at around 1,700 meters above sea level. Nestled in the high-mountain landscape, the lake invites visitors to take a rest before returning the same way.

Elevation Profile:



registration &
online information

