



Sulzbachtäler Wilderness Area

across pathless terrain

- Level of difficulty:** Long, endurance tour on less-traveled and challenging paths. This tour covers many vertical meters, requiring good physical condition and surefootedness.
- Equipment:** Ankle-high hiking boots (category B or C) with treaded soles, rain and sun protection, suitable clothing and spare clothes, a backpack with drinks and snacks, hiking poles; **Participation in this tour is not possible without the appropriate equipment!**
- Costs:** €22 for adults.. Free with guest card or National Park Summer Card! Due to the duration and altitude, this tour is not suitable for children.
- Dogs:** Bringing dogs is not possible due to the alpine terrain.
- Meeting point:** Every Wednesday (from July 15 to September 9, 2026) at 7:00 a.m. at the sports ground in Neukirchen am Großvenediger (coordinates: N 47.25158 / E 12.28245); max. 8 participants.
- How to reach us:** By bus (line 670) to the "Neukirchen Ortsmitte" stop, then 5 minutes on foot; alternatively, by car to the parking lot at the Neukirchen sports field.
- Duration:** Approximately 9 hours.
Pure walking time: Approximately 6 hours
Route: Approximately 12 kilometers.
Ascent: Approximately 900 meters in altitude.
Refreshment stops: Possibility for refreshments after the tour.
- Booking:** Until the day before at 3:00 PM www.npht.at/wilderness

Description: We meet at 7:00 AM at the sports field in Neukirchen. Together, we take the National Park bus to Untersulzbachtal, all the way to Abichlalm, where the tour begins. At first, we hike along the marked trail through a light larch forest until we reach Aschamalm. The Aschamalm used to be grazed. It's a great spot to observe how the vegetation has changed since then. This is where the well-trodden path ends.

We continue on an old trail, which isn't always easy to find. The route leads through landslides, dwarf shrub heathlands, and species-rich alpine meadows, passing the "Saukopf," always accompanied by the roar of the Untersulzbach stream. It's not uncommon to spot deer or chamois on the opposite side. The vegetation here is fascinating, with particularly rare plant species like Alpine buttercup, Turk's cap lily, and various types of orchids. As we move further up the valley, the landscape becomes more barren.

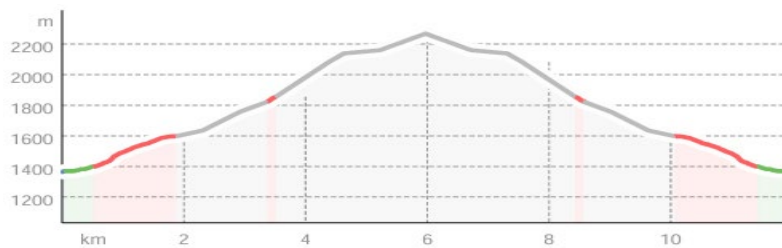




At around 2,100 meters, we reach a plateau that was once covered by glaciers three decades ago. The vegetation here continues to push forward. We can find glacier buttercup and cushion plants like the stemless campion. Over a small rock step, we reach the edge of the Untersulzbach Glacier. The ground beneath us was covered by glacial ice for centuries, and the effects of climate change are strikingly visible here.

At the foot of the glacier tongue, we take a break and enjoy the view of the mighty, higher-altitude glacier crevasses and icefalls. From here, the Kleinvenediger also appears particularly imposing. The descent is made along the same route.

Elevation Profile:



registration &
online information

