

Very difficult ski tour Traverse of the Habachscharte (2915 m)

Meeting Time: Saturday, 14/03/2026, 28/03/2026
(Registration deadline: 06/03/2026 and 20/03/2026)

Meeting point: Parking lot at the National Park Center
(very early in the morning, exact time to be agreed shortly)

Return: Parking lot at the National Park Center

Price: €120 per person (including taxi transfer)

Duration: approx. 12 hours

Route: Ascent: approx. 1500 m elevation gain, 12 km
Descent: approx. 2100 m elevation loss, 16 km

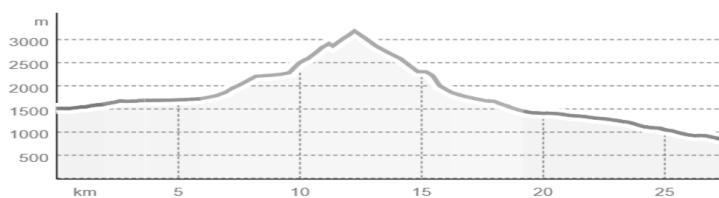
Equipment:

- ☐ Backpack (20–30 liters)
- ☐ Hot drink (thermos), snack, muesli bars
- ☐ 2 pairs of gloves (thin, thick)
- ☐ Sunglasses, sunscreen
- ☐ Headband, hat
- ☐ Ski touring clothing
- ☐ Hardshell jacket
- ☐ Warm jacket (e.g., down)
- ☐ Ski touring boots
- ☐ Ski touring skis (bindings properly adjusted)
- ☐ Ski poles
- ☐ Climbing skins
- ☐ Crampons
- ☐ Helmet
- ☐ Avalanche shovel
- ☐ Avalanche probe
- ☐ Avalanche transceiver (3 antennas, fully charged batteries)
- ☐ Small first aid kit
- ☐ Mobile phone

Terrain & Requirements:

- ☐ Good skiing ability in off-piste terrain under variable snow conditions
- ☐ Practical experience with avalanche transceiver, shovel, and probe
- ☐ Confident handling of own ski touring equipment
- ☐ Mastery of switchbacks / kick turns
- ☐ Very good physical fitness and sure-footedness (see details in the tour description)
- ☐ Participation with a splitboard is not possible – longer pushing sections on the descent

Elevation Profile:





Number of participants: Min. 4, max. 5 participants

Short description: This tour over the Habach Pass is a demanding but particularly rewarding traverse of the Hohe Tauern and a south-to-north crossing of the National Park, surrounded by numerous 3000-meter peaks and glaciers. If conditions are good and the group's fitness is sufficient, it may also be possible to ascend the Plattige Habach (3,207 m) – an additional 300 m of elevation gain. Not to be underestimated is the very long descent through the entire Habach Valley.

Contents: These natural history topics are particularly interesting in this area and will be covered during the course of the tour.

- Glaciers of the Hohe Tauern and glacial valley formations
- Wilderness area (in the neighboring Untersulzbachtal)
- Avalanches as a food source for wildlife
- Vegetation in avalanche corridors

Directions: The meeting point is located directly on the B168 at the eastern end of Mittersill.

Schedule: The group will travel together from the National Park Center to the starting point of the demanding tour at the Matreier Tauernhaus. At the beginning, a few kilometers along the valley floor must be covered from the Matreier Tauernhaus past Innergschlöß to just before the Viltragenkees. Afterwards begins the scenic but long ascent up to the Habach Pass. If the group's fitness is sufficient and conditions are suitable, it is also possible to climb the Plattige Habach (3,207 m) – an additional 300 m of elevation gain. The descent then follows several beautiful ski slopes down to the valley floor of the Habach Valley. Afterwards, the entire valley must be skied down to the parking lot at the valley entrance. Even in winter, the valley's formation by the Ice Age glaciers is very clearly visible here. A taxi will then return the group to the meeting point.

Terms of participation: The National Park administration reserves the right to adapt the tour to the participants' abilities and to conduct it only if weather and avalanche conditions allow, and if participants are properly equipped and physically fit. Participants must be of legal age to take part in this tour.

Participants are requested to inform the organizers of any health issues relevant to the safe execution of the tour, so that appropriate precautions can be taken (e.g., insect sting allergies, asthma, diabetes, cardiovascular conditions, hip, knee, or ankle problems, etc.). All participants travel together as a group. Leaving the group in alpine terrain is not permitted. If progress is not possible due to health or fitness reasons, the entire group will turn back together. Participation without the required minimum equipment listed for each person is not allowed.

Registration:

Registration is possible until 06/03/2026 or 20/03/2026 – 12:00 pm.

Register via np.bildung@salzburg.gv.at or npht.at/skitour5

**Registration & online
information:**

