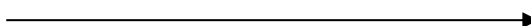




Wintry primeval forest

Where forest and snow merge into a winter wonderland

- Level of difficulty:** Moderately difficult snowshoe hike or winter hike that requires very good physical fitness and leads through steeper terrain.
- Equipment:** Sturdy, ankle-high footwear (ideally hiking boots); warm socks, ski sticks, warm clothing (including hat and gloves), sunscreen, rucksack with warm drinks and snacks; ski helmet (recommended), sledges (can be hired for a fee).
- Costs:** € 22 adults; Children and young people (10–16 yrs) free when accompanied by their parents. Free with the "Gästecard" or Nationalpark WinterCard! The cost for the transfer and sled rental, €15, will be collected in cash.
- Included in price:** Snowshoe and ski stick hire (please advise when booking).
- Dogs:** Bringing dogs along is not permitted during excursions out of consideration for other participants and the local wildlife.
- Meeting point:** Every Friday (from 02.01.26–03.04.26) at 10:10 from the Bodenhaus car park, coordinates (N/S 47.10510; W/O 12.99169).
- How to reach us:** By the "Tälerbus" or car to the Bodenhaus car park.
The tour start time is synchronized with the arrival time of the valley bus!
- Duration:** Approx. 5 hours
- Pure walking time:** Approx. 2.5 hours
- Route:** Approx. 5–5.5 kilometres
- Ascent:** Approx. 200 vertical metres
- Refreshment stops:** Various options available, Bodenhaus Alpine inn, Naturfreundehaus, etc.
- Booking:** Up to **three hours** before the start of the excursion.
Register at np.bildung@salzburg.gv.at or at npht.at/forest
- Description:** Before the actual hike begins, participants travel by taxi or, depending on snow conditions, in carpools to the Lenzanger parking area (toll fee applies). There, together with the national park ranger, the hike starts right away – without delay, directly into the primeval forest. Passing giant trees and snow-covered ponds, the winter world of the forest is explored. After about 1.5 hours, the snowshoe hike reaches the forest edge, where we enjoy open views of alpine pastures and the surrounding peaks. The route then continues to the Naturfreundehaus Kolm Saigurn (option for a refreshment stop). From there, the return to the Lenzanger parking area is either on foot or by sled.

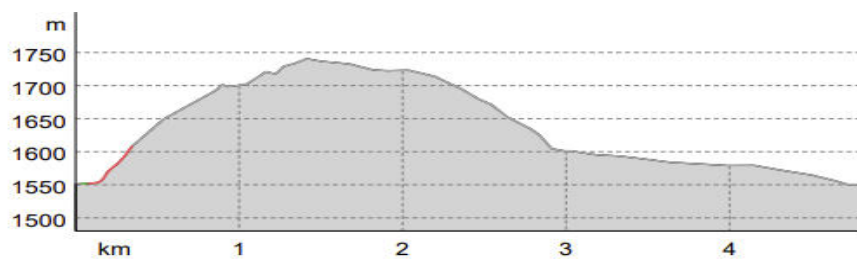




Educational content:

- Special features of the Rauris Primeval Forest: ancient giant trees, ponds, and its ecological significance
- Forest ecology in winter: clearings, habitats, and adaptation strategies of plants
- Tracks in the snow – survival strategies and behaviors of deer, chamois & others
- Adaptations of birds to cold, snow, and food scarcity (nutcracker & others)
- Influence of avalanches, winter weather conditions, and climate on animals, plants, and the primeval forest.
- Information on the special features of the Hohe Tauern National Park conservation area

Elevation profile



Registration & online
information:

