



## In the footsteps of the Romans

Brief description: Starting from Nassfeld in Gastein, this captivating hike takes you along picturesque trails, following the ancient Roman road to Mallnitzer Tauern. The descent follows the Carinthian side of the Hohe Tauern National Park, leading to the Jamnigalm car park.

Description: Throughout history, these Alpine crossings were vital for trade. In the enchanting Gastein valley, you have a unique opportunity to witness the impressive history of mankind up to the 19th century. Amidst the majestic mountain landscape, traces of the ancient Roman road still remain for you to admire. This exceptional tour is highly recommended for hikers who seek to immerse themselves not only in history but also in a well-organised valley crossing brimming with fascinating natural history content.

Directions: Turn off the B311 onto the Gastein federal road and follow it to Bad Gastein. Your best option for parking is the Stubnerkogelbahn car park, and the meeting point is directly in front of the Bad Gastein railway station (also accessible by public transport).

For more information, please visit: [Salzburger Verkehrsverbund GmbH \(salzburg-verkehr.at\)](https://www.salzburger-verkehrsbund.at)

Itinerary: Meeting point and time: 07:30 in front of the Bad Gastein railway station. We will travel by taxi to Sportgastein. From there, we will embark on a hike across tranquil alpine pastures that gently lead us to the end of the valley (approximately 45 minutes). Following that, a moderately steep ascent awaits us as we make our way to the Eselskar cirque. Upon reaching a small shelter at 2000 m above sea level, we will take a short rest. From this vantage point, you can catch your first glimpse of the highest point of our tour, the Hagener hut.

Next, we will depart from the marked path and venture slightly off the beaten track, following the course of the ancient Roman road, until we reach the summit of the pass.

After a refreshing lunch break, we will descend in a southerly direction towards the Jamnigalm car park.

At 15:14, we will board the hiking bus to Mallnitz-Obervellach railway station and from there, take the train back to our starting point, the Bad Gastein railway station, arriving at 16:04.

Date: 31/08/2023

Meeting point and time: 07:30; Bad Gastein station

Costs: € 25.00 not including transport costs

Max. number of participants:

Duration: Approx. 9 hours in total

Route: Ascent and descent approximately 800 vertical metres, 14 kilometres

Equipment: Rucksack, sun protection, mountain boots, food and drink,  
change of clothes, hat, gloves, and possibly walking poles

Requirements: Good physical fitness, surefootedness necessary

