





Wintry primeval forest

Where forest and snow merge into a winter wonderland

Level of difficulty: A challenging snowshoe hike that requires a very good level of fitness

and takes you through steeper terrain

Equipment: Sturdy, ankle-high footwear (ideally hiking boots); warm socks,

ski sticks, warm clothing (including hat and gloves), sunscreen,

rucksack with warm drinks and snacks; ski helmet (recommended), sledges

(can be hired for a fee)

Costs: € 22 adults; Children and young people (12–16 yrs) free when accompanied

by their parents. Free with the "Gästecard" or Nationalpark WinterCard!

The cost for the transfer and sled rental, €15, will be collected in cash.

Included in price: Snowshoe and ski stick hire (please advise when booking)

Meeting point: Every Friday (from 03.01.25–18.04.25) at 10:10 from the

Bodenhaus car park, coordinates (N/S 47.10510; W/O 12.99169).

How to reach us: By the "Tälerbus" or car to the Bodenhaus car park.

The tour start time is synchronized with the arrival time of the valley bus!

Duration: Approx. 5 hours **Pure walking time:** Approx. 2.5 hours

Route: Approx. 5–5.5 kilometres **Ascent:** Approx. 200 vertical metres

Refreshment stops:

Various options available, including: Bodenhaus Alpine inn;

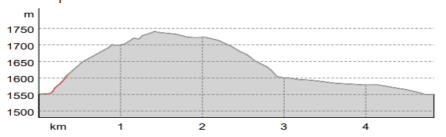
Booking: Up to **one day** before the excursion; sign up at

np.bildung@salzburg.gv.at or

https://hohetauern.at/en/experience/tours.html#/experiences

Description: Before the walk begins, a taxi service will take the group to the Lenzanger car park. From there, the participants and the National Park Ranger set off without hesitation into the heart of the primeval forest. Past giant trees and snow-covered ponds, we will explore the world of the forest in winter. After about 1.5 kilometres, the snowshoe hike will reach the edge of the forest, where sledges will be used for the first time. Alternating between sledges and snowshoes, the route will continue to the Kolm Saigurn Friends of Nature House. From there, the return route will take you across the alpine pastures showing off their winter colours.

Elevation profile



Registration & online information:

